

12 TIPS TO HELP YOU STAY SOBER THROUGH THE HOLIDAYS covid edition



1
ATTEND
ALKATHONS



2
REACH OUT TO
HOMEGROUP
MEMBERS YOU
HAVEN'T SEEN ON
ZOOM.



3
MAKE AN EXTRA
COMMITMENT AT
YOUR HOMEGROUP



4
CHECK OUT AA-
INTERGROUP.ORG
AND ATTEND
MEETINGS ALL OVER
THE WORLD.



5
DOUBLE UP
ON MEETINGS



6
COMMIT TO
ATTENDING A NEW
ONLINE MEETING
EACH WEEK.



7
GO OLD SCHOOL...
SEND A LETTER OR
CARD TO SOMEONE
VIA SNAIL MAIL



8
COMMIT TO
ATTENDING
30 MEETINGS
IN 30 DAYS



9
ATTEND AREA
COMMITTEE
MEETINGS



10
GET INVOLVED
IN SERVICE WORK



11
READ AA
LITERATURE YOU
HAVEN'T READ
BEFORE



12
REACH OUT TO 12
NEW AA MEMBERS